

Algarve, Portugal

GET YOUR GROUP TOGETHER IN THE PERFECT PLACE...

BOUTIQUE VILLA ONE LIFE LODGE

#onelifelodgeav





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HOST YOUR OWN RETREAT

Algarve, Portugal

Have you dreamt of running your own retreat or workshop?
Do you have a loyal following and would like to extend the depth and range of your teaching?

At one life lodge we welcome professional practitioners who wish to host their own retreats, it is one of our greatest pleasures and we will go out of our way to ensure that the retreat space meets all your expectations.

Our Lodge is the ideal environment in which to host a wide variety of group retreats, including: Yoga, Meditation, Spiritual Practices, Group Therapy, all type Workshops. Our lodge is also suitable for friendship bubbles, family gatherings & Family holiday weeks.

We have created a package allowing all types of people all over the world to come together in our beautiful lodge.

We will be happy to cater to your needs and support you in your retreat journey.



THE LODGE

We provide the perfect place to relax and forget all about daily worries and stresses! Our boutique style villa is situated just outside the picturesque fishermen's village Burgau.

Our lodge boasts large spacious shared, private and ensuite rooms with all the facilities you'd expect. Every room is very comfortable and each has a private bathroom. Enjoy the wide view on the ocean from one of the terraces and take a dip in the pool to refresh. A pretty white sandy beach 'atiful and Cabanas Velhas' is just a short walk down the road. Situated in the bud sunny algarve Your group will be free to immerse themselves in the beautiful surrounding, enjoy the waves and be inspired by our beautiful sunsets.



ONE LIFE LODGE



ONE LIFE LODGE



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OUR FACILITIES

7 Luxurious comfortable en-suite rooms
(can be private or Shared)

All rooms have private en suite bathrooms, and secure
storage space

Large swimming pool with Plenty of comfortable
poolside sun loungers, beanbags and umbrellas

Ocean views

Rooftop sea view yoga space

Sauna

Large communal lounge areas

Outdoor eating area

Hammock and garden areas

WiFi

5-minute walk to a secluded beach
with beautiful sunsets

WE WILL PROVIDE YOU WITH THE FOLLOWING:

- Up to 16 guests (based on a shared room occupancy)
- Kingsize or 2 single beds
- Each room has a Fully equipped en-suite bathroom
- Minimum 4 night stay
- Separate single accommodation for host included.
- Wi-fi
- Air con/heating
- Use of all standar facilities, pool, garden, drive, laundry room, kitchen



ONE LIFE LODGE

ADDITIONAL EXTRAS YOU CAN ADD INTO YOUR PACKAGE:

- Additional extras you can add into your packag
- Surfboards & bike rental
- Use of the sauna
- Use of the yoga matts
- Laundry packages
- Daily Cleaning & Housekeeping services
- Host services, by our experienced, talented and friendly staff
- Catering services, including daily gourmet, breakfast, lunch and dinner



ONE LIFE LODGE

THE ROOMS

PRIVATE DOUBLE ROOM

You can book a private double room with a friend. All bedrooms have an ensuite bathroom with shower or bath. Price per person per night is from 50 euro on. This included breakfast. fresh linen, bath towels and housekeeping.



SINGLE ROOM

You can book into a private room with private bathroom if you prefer. Price per person is from 85 euro on. This includes breakfast , fresh linen, bath towels and housekeeping.



SHARED ROOM

You can book into a shared room that sleeps maximum 2 persons and has a private bathroom with shower or bath. Price per person per night from 50 euro on. This includes breakfast, fresh linen, bath towels and housekeeping.



LIVING AREA

It is our mission to make you feel at home. The living room is spacious and comfortable with a wood burner for cosy evenings. Sit back and relax with a glass of local wine or a cup of tea after a surf day with your new friends, Cold drinks and snacks are available in our bar.



THE LODGE TERRACES



ROOF TERRACE



GARDEN TERRACE

THE LODGE FACILITIES



SAUNA



SWIMMINGPOOL

THE LODGE INTERIOR



THE AREA & CLIMATE

You are surrounded by the natural park of Costa Vicentina. This beautiful nature reserve stretches from Burgau till all the way up north to Aljezur and further. There is no mass tourism and big concrete buildings. Instead you find desolate beaches, untouched nature and clean, clear waters. The Algarve is known for the many beaches to discover, there are over 100 ! We are in the middle of the road between Lagos and Sagres. Lagos is a nice town to do some souvenir shopping and great to go out for food & drinks.

Sagres is an upcoming surfer town with lots of surf shops and bars. Both towns are reachable by bus and worth a visit when you have extra time. This is probably the most beautiful area in Europe with the most sun hours. The sun shines more than 300 days a year!!!! Summers are moderate with north winds blowing and generating waves every day :). During the days it gets hot with a sea breeze and evenings are fresh. Winters are generally sunny and soft, with some days of rain but when the sun is out, temperatures rise and you can sit on the beach in t-shirt and shorts, nice ! The water temperature is cold whole year through except a few days when the S winds are blowing and we get water from the Mediterranean send our way. Luckily we have wetsuits which makes it perfectly possible to have warm surf sessions and stay out in the water for hours!



THE AREA

THE ALGARVE

Push-ups are one ups a real struggle to start with. If you just can't get yourself off the floor, then perhaps a small session with a trainer to show you how to do them properly might be worthwhile. Even if you can just build up to 5 push ups a day you will be making a positive impact on your surfing! Parumque ditiatur, quam, omni aborum labo. Ore molutendit aut fuga. Ed et ut od quam, sanduntur aute

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SALEMA

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BURGAU

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OVERVIEW LODGE

XX BEDROOMS

XX bathrooms

XX YOGAMATS

X yogablocks

3 terraces

XX Loungebeds

2 LIVINGROOMS

1 sauna



HOW TO GET TO US

When you arrive at Faro Airport you have a few options:

Bus & Train

Catch a bus at Faro Airport to Faro center and from there take a train to Lagos. This is the cheapest option (around 10€). From Lagos bus station you can travel to the town Burgau by bus or taxi, where our host will pick you up. Just give us a ring (00351 967580530) when you reach Burgau.

Airport Transfer

You can book an airport transfer in advance, which is fairly cheap and quick (around 20€ for shared shuttle to Burgau). Or book a private taxi that can bring you directly to our lodge (recommended option). Give us a ring or send a text (00351 967580530) when you have arrived at the drop off and we will pick you up.

Transfer companies:
[http:// www.mytransfer.pt/](http://www.mytransfer.pt/) or
www.resorthoppa.com

Drop off:
Domus Iberica Burgau Apartamentos

Private taxi

If you want a private taxi transfer you can book this directly with:

All Travel
info@alltravel.pt
Tel. +351 968317170
Price private taxi one way
(max 4 people) 77€

Rental car

From Faro airport you follow the A22 direction Portimao to Lagos. After passing the exit Lagos you take the next exit Vila do Bispo (N125). Take the N125, EM537-2 and R. Agricola to our destination in Budens.

GPS coordinates

37.070298, -8.801183



FOOD & BEVERAGE

- Half Board (Lunch or Dinner): per person
- Full Board (Lunch and Dinner): per person

ARRIVAL INFORMATION

THE ALGARVE

Please let us know your estimated time of arrival at the lodge in advance so we can make sure one of our hosts will be there to welcome you and show you around.

Let us know if you expect to arrive late. A late check in fee of 25€ per booking will be charged for arrivals between 11.00pm & 7:00am.

Check in is from 4pm. Check out is before 10am.



PAYMENTS

We have well received your deposit payment. The outstanding balance is due on arrival. We can only accept cash payments onsite. The nearest ATM machines can be found in Burgau and Salema. In-house activities and services such as yoga and dinners can be paid when you check out. Please pay at breakfast before leaving with one of our hosts or the night before in case you leave early.



CONTRIBUTORS

Editor in Chief: Katrien Kegels **Designer:** Studio Samoa **Our Team:** quis nostrud **Photographer:** exercitation

ONE LIFE LODGE

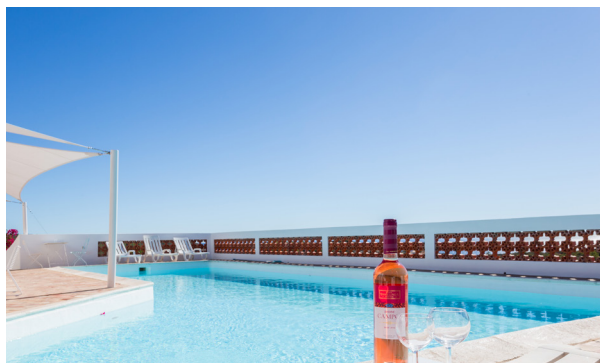
ACTIVITIES

Booking of activities can be done the day before. Ask our hosts at breakfast and we will be happy to help you further. We will ask you to pay a deposit and the rest can be paid onsite. Please note we are not responsible for cancellation or accidents. Cancellation of all activities booked onsite without giving less than 24 hours notice in advance will be charged in full.



USE OF MOUNTAIN BIKES

Mountain bikes are included in the package price. If you did not book a package the rental price is 20€ per day plus a deposit. We provide locks that need to be used at all times. Damage or loss of the bike is the responsibility of the user. Booking of activities can be done the day before. Ask our hosts at breakfast and we will be happy to help you further. We will ask you to pay a deposit and the rest can be paid onsite. Please note we are not responsible for cancellation or accidents. Cancellation of all activities booked onsite without giving less than 24 hours notice in advance will be charged in full.



CONTACT

Katrien Kegels

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LOCATION

One Life Lodge

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budens-burgau

